

# UPK Pre – Kindergarten

## Room Schedule

### Full Day (6 Hours and 20 Minutes)

- 8:15 – 8:30 Children arrive and engage in free play
- 8:30 – 8:45 Morning Assembly
- 8:45 – 9:15 Circle Time
- 9:15 – 10:00 Center Time (Math, Writing, Reading, & Art)
- 10:00 – 10:10 Clean Up Time; Using sorting and classifying skills
- 10:10 – 10:40 Music and Movement or Group Nursery Rhymes and Songs
- 10:40 – 11:20 Recall & Story Time, Concept Presentation
- 11:20 – 11:40 Bathroom Break, Hand Washing, and Preparation for lunch
- 11:45 – 12:15 Lunch
- 12:15 - 1:30 Nap Time
- 1:30 – 1:45 Bathroom Break, Putting on shoes
- 1:45 – 2:15 Outdoor Time, Nature Walks, Physical Activity (Tunnel, Parachute, etc.)
- 2:15 - 2:45 Guided Independent Play (Lacing, Puzzles, Coloring, Dramatic Play, blocks, etc.)
- 2:45 – 2:50 Clean Up and Pack- Up (Students are dismissed)